

Ruth Allen

It is amazing to me, as a woman, how many products we are encouraged to use to feel good, look better, and stop aging. Yet these products can contain anything as nothing is regulated. Where are the warning labels? Where is the research and approval by the FDA? Or anyone? It is just approved by some advertising agency. I feel so confused and also frightened by all the stuff I put on my face and body and on my hair. Where is a standard of care? I read stuff but the information is contradictory. Recently I was looking at articles about how safe the ink used in tattooing might or might not be. Who knows? Just one example.