AHCCCS MEDICAL POLICY MANUAL

CHAPTER 400 – MEDICAL POLICY FOR MATERNAL AND CHILD HEALTH

410 - MATERNITY CARE SERVICES

EFFECTIVE DATES: 01/01/97, 06/27/00, 02/01/01, 08/07/01, 10/01/01, 02/14/03, 04/01/04, 08/01/05,

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11/09/23<u>, 07/05/24</u>²

I. PURPOSE

This policy applies to ACC, ACC-RBHA, ALTCS E/PD, DCS/CHP (CHP), and DES/DDD (DDD) Contractors; Fee-For-Service (FFS) Programs including: the American Indian Health Program (AIHP), DES/DDD Tribal Health Program (DDD THP), Tribal ALTCS, and all FFS populations, excluding Federal Emergency Services (FES), (For FES, refer to AMPM Policy 1100). This Policy establishes requirements for the Contractor and FFS Providers regarding Maternity Care Services.

II. DEFINITIONS

Refer to the AHCCCS Contract and Policy Dictionary for common terms found in this Policy including:

CERTIFIED NURSE MIDWIFE (CNM)	CONTROLLED SUBSTANCES PRESCRIPTION MONITORING	EARLY AND PERIODIC SCREENING, DIAGNOSTIC, AND
	PROGRAM (CSPMP)	TREATMENT (EPSDT)
FREE STANDING BIRTHING CENTERS	HIGH RISK PREGNANCY	LICENSED MIDWIFE (LM)
MATERNITY CARE	MATERNITY CARE COORDINATION	MEMBER
POSTPARTUM	PRACTITIONER	PRECONCEPTION COUNSELING
	POSTPARTUM CARE	PRACTITIONER
PRENATAL CARE	PRIOR AUTHORIZATION (PA)	SUBSTANCE USE DISORDER (SUD)
PRECONCEPTION	PRENATAL CARE	PRIOR AUTHORIZATION (PA)
COUNSELING		

¹ Date policy is effective

² Date changes are effective



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SUBSTANCE USE DISORDER	
(SUD)	

For purposes of this Policy, the following terms are defined as:

POSTPARTUM CARE³

Health care provided in the postpartum period (see postpartum definition for exact time frames) to assess and treat the member's physical, psychological, and social well-being after pregnancy, regardless of how a pregnancy ends. Services include but are not limited to, addressing chronic medical conditions (e.g., hypertension, diabetes, mood disorders), family planning, and a plan to transition to parenthood and well-woman or preventive care. Postpartum care visits are an ongoing process that should align with recommendations from the American College of Obstetricians and Gynecologists (ACOG).

III. POLICY

The following designations have been determined by the American College of Obstetricians and Gynecologists (ACOG) as outlined:

- 1. Early term (37 0/7 weeks of gestation through 38 6/7 weeks of gestation).
- 2. Full term (39 0/7 weeks of gestation through 40 6/7 weeks of gestation).
- 3. Late term (41 0/7 weeks of gestation through 41 6/7 weeks of gestation).
- 4. Post term (42 0/7 weeks of gestation and beyond).

All Maternity Care Services shall be delivered by qualified providers as specified in this Policy and shall be provided in compliance with the most current ACOG standards for obstetrical and gynecological services. Prenatal care, labor/delivery, and postpartum care services may be provided by a Licensed Midwife (LM) within their scope of practice, while adhering to AHCCCS risk-status consultation/referral requirements. All cesarean sections shall include medical documentation surrounding medical necessity. In addition, all inductions and cesarean sections done prior to 39 weeks shall follow the ACOG guidelines. Any inductions performed prior to 39 week or cesareans sections performed at any time that are found not to be medically necessary based on the nationally established criteria are not eligible for payment. AHCCCS covers a full continuum of Maternity Care Services for all eligible, enrolled members of childbearing age.

³ Removed; term defined in Contract and Policy Dictionary

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Maternity Care Services include, but are not limited to:

- 1. Medically necessary preconception counseling.
- 2. Identification of pregnancy.
- 3. Medically necessary education and prenatal services for the care of pregnancy.
- 4. The treatment of pregnancy-related conditions.
- 5. Labor and delivery services.
- 6. Postpartum care.

In addition, related services such as outreach and family planning services are provided, whenever appropriate, based on the member's current eligibility and enrollment. Refer to AMPM Policy 420 and AMPM Exhibit 400-3.

A. CONTRACTOR REQUIREMENTS FOR PROVIDING MATERNITY CARE SERVICES

The Contractor shall establish and operate a maternity care program with program goals directed at achieving optimal birth outcomes. The minimum requirements of the Contractor's maternity care program shall include:

- Sufficient numbers of appropriately qualified local personnel in order to meet the requirements of the maternity care program for eligible enrolled members and achieve contractual compliance.
- 2. Demonstration of an established process for assuring:
 - a. Network physicians, practitioners, and LMs adhere to the highest standards of care, including the use of a standardized medical risk assessment tool for initial and ongoing risk assessments, and appropriate consults/referrals for increased risk or high-risk pregnancies using standard guidelines such as those established by ACOG,
 - b. Maternity care providers maintain a complete medical record, documenting all aspects of maternity care,
 - c. Maternity care providers are aware of and encouraged to use the Arizona Perinatal Psychiatry Access Line (A-PAL) when questions surrounding mental health or substance use treatment, including medication management, arise,



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- d. Maternity care providers educate members about healthy behaviors during the perinatal period, including the importance of proper nutrition, dangers of lead exposure to people who are pregnant and their developing babies, tobacco cessation, avoidance of alcohol and other harmful substances, including illegal drugs, screening for sexually transmitted infections, the physiology of pregnancy, the process of labor and delivery, breastfeeding, other infant care information, prescription opioid use, interconception health and spacing, family planning options, including Immediate Postpartum Long Acting Reversible Contraception (IPLARC) options, warning signs of complications of pregnancy and postpartum, including when to contact the provider, and postpartum follow-up,
- e. High risk pregnant members have been referred to and are receiving appropriate care from a qualified physician, and
- f. Members are referred to support services such as the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)⁴, as well as other community-based resources to support healthy pregnancy outcomes, including information about, and referrals to, home visitation programs for pregnant members and their children. In the event where a member loses eligibility, the member shall be notified where they may obtain low-cost or no-cost maternity services.
- 3. Provision of written member educational outreach, including but not limited to the following topics (and as specified in AMPM Exhibit 400-3):
 - a. Provision of information regarding the opportunity to change Contractors to ensure continuity of prenatal care to newly assigned pregnant members and those currently under the care of an out-of-network provider,
 - b. Information on how to obtain pregnancy related services and assistance with scheduling appointments,
 - c. A statement that there is no copayment or other charge for pregnancy-related services as specified in ACOM Policy 431,
 - d. A statement that assistance with medically necessary transportation as specified in AMPM Policy 310-BB is available to obtain pregnancy related services,
 - e. The importance of timely prenatal and postpartum care, including postpartum services that are available,
 - f. Healthy pregnancy measures (addressing nutrition, sexually transmitted infections, HIV testing, alcohol, opioids, and substance use and other risky behaviors, measures to reduce risks for low/very low infant birth weight, recognizing active labor, etc.),
 - g. Dangers of lead exposure to people who are pregnant and their developing babies, and how to prevent exposure,
 - h. Support resources and programs, including but not limited to the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)⁵, the Strong Families AZ home visitation programs, the ADHS Breastfeeding Hotline, Early Head Start/Head Start, the Vaccines for Children (VFC) program, and the Birth to 5 Helpline,
 - i. Perinatal mood and anxiety disorders,
 - j. Risks associated with cesarean sections and elective inductions prior to 39 weeks gestation,
 - k. Ways to limit labor and birth interventions as recommended by ACOG,

⁴ Spelled out meaning behind acronym Women, Infants, and Children (WIC) for first reference in policy. ⁵Removing meaning behind the acronym already spelled out.

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- I. Pregnancy and postpartum warning signs that require contacting a provider,
- m. Maternity care practices that are supportive of breastfeeding and breastfeeding information as specified in AMPM Exhibit 400-3,
- n. Safe sleep and ways to reduce Sudden Infant Death Syndrome (SIDS)/Sudden Unexpected Infant Death (SUID) risk,
- o. Interconception spacing recommendations and family planning options, including Immediate Postpartum Long-Acting Reversible Contraceptives (IPLARC) as specified in AMPM Policy 420 and AMPM Exhibit 400-3, and
- p. Other Contractor-selected topics.

The topics listed above may be addressed separately, or combined into one written outreach material; however, each topic shall be covered as specified in AMPM Exhibit 400-3. The Contractor may utilize various venues to meet these requirements as specified in AMPM Exhibit 400-3.

- 4. Written new member assessment procedures for the provider that include identifying risk factors through the use of a comprehensive assessment tool covering psychosocial, nutritional, medical and educational factors (available from ACOG).
- 5. Designation of a maternity care provider for each enrolled pregnant member for the duration of their pregnancy and postpartum care. Such designations shall be consistent with AHCCCS Contract requirements, allowing freedom of choice, while not compromising the continuity of care. Members who transition to a new Contractor or become enrolled during their third trimester shall be allowed to complete maternity care with their current AHCCCS registered provider, regardless of contractual status, to ensure continuity of care.
- 6. Mandatory availability of maternity care coordination services for enrolled pregnant members who are determined to be medically or socially at-risk/high-risk by the maternity care provider or the Contractor. This includes identified difficulties with navigating the health care system, evident by missed visits, transportation difficulties, or other perceived barriers.
- 7. Mandatory provision of initial prenatal care appointments within the established timeframes, as specified in ACOM Policy 417.
- 8. Verification of pregnancy, to ensure that the above timeframes are met, and to effectively monitor that members are seen in accordance with those timeframes.
- 9. Provide timely provision of medically necessary transportation services, as specified in AMPM Policy 310-BB.

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- 10. Implementation of written protocols to inform pregnant members and maternity care providers of voluntary prenatal HIV/AIDS) testing, and the availability of medical counseling and treatment, as well as the benefits of treatment, if the test is positive:
 - a. The Contractor shall include information to encourage pregnant members to be tested and provide instructions on where testing is available as specified in AMPM Exhibit 400-3, and
 - b. The Contractor shall report the number of pregnant members who are HIV/AIDS-positive, using Attachment A, as specified in Contract.
- 11. Participation in community and quality initiatives, including but not limited to, efforts to reduce maternal mortality and morbidity and address health disparities in maternal and infant health within the communities served by the Contractor.
- 12. Participate in reviews of the Maternity Care Services program conducted by AHCCCS as requested, including provider visits and audits.
- 13. Outreach and education activities to identify currently enrolled pregnant members and enter them into prenatal care as soon as possible. The program shall include protocols for service providers to notify the Contractor promptly when members have tested positive for pregnancy. In addition, the Contractor shall have an ongoing process to monitor and evaluate the effectiveness of outreach activities for all pregnant members. If activities prove to be ineffective, the Contractor shall implement different outreach activities.
- 14. Process to address substance use disorder treatment, referral, and follow-up specific to maternity members, per ACOG guidelines, including but not limited to Controlled Substances Prescription Monitoring Program (CSPMP), Neonatal Abstinence Syndrome (NAS), and Medications for Opioid Use Disorder (MOUD).
- 15. Identification of perinatal mood and anxiety disorders during and after pregnancy for referral of members to the appropriate health care providers. The Contractor shall require the use of any norm-criterion referenced validated screening tool to assist the provider in assessing the prenatal and postpartum needs of members regarding depression or other mood and anxiety disorders and decisions regarding health care services provided by the maternity care provider or subsequent referral to the plan/entity responsible for the provision of behavioral health services, if clinically indicated.
- 16. Process for monitoring provider compliance for perinatal and postpartum depression and anxiety screenings being conducted at least once during the pregnancy and then repeated at the postpartum visit, with appropriate counseling and referrals made, if a positive screening is obtained.
- 17. Monitoring and evaluation of cesarean section and elective induction rates prior to 39 weeks gestation, as well as implementation of interventions to decrease the incidence of occurrence, including addressing variations in provider cesarean section rates for first-time pregnancies with a term, singleton baby in a vertex (head down) position.

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- 18. Monitoring and evaluation of infants born with low/very low birth weight, and implementation of interventions to decrease the incidence of infants born with low/very low birth weight.
- 19. Monitoring and evaluation to ensure that maternity care practices that support breastfeeding success are being utilized per ACOG and American Academy of Pediatrics (AAP) guidance to include provision of breast pumps and accessories.
- 20. Return visits are scheduled as specified within ACOG standards. A process, with verification, shall be in place to monitor these appointments and ensure timeliness. The Contractor shall include the first and last prenatal care dates of service and the number of obstetrical visits that the member had with the provider on claim forms to AHCCCS regardless of the payment methodology.

The Contractor shall continue to pay obstetrical claims upon receipt of claim after delivery and shall not postpone payment to include the Postpartum visit. Rather, the Contractor shall require a separate "zero-dollar" claim for the Postpartum visit.

- 21. Monitoring and evaluation of maternal mortality and implementation of interventions to decrease the occurrence of pregnancy-related mortality and health disparities in both the prenatal and postpartum period.
- 22. Monitor and evaluate postpartum activities and interventions to improve the utilization rate implemented where needs are identified.
- 23. The Contractor shall reimburse provider claims for Global Obstetrical (OB) codes (i.e., 59400, 59510, 59610, and 59618), if billed in accordance with the requirements outlined in the AHCCCS Fee-for-Service Provider Billing Manual.

B. CONTRACTOR REQUIREMENTS FOR THE MATERNITY AND FAMILY PLANNING SERVICES PROGRAM PLAN

The Contractor shall have a written Maternity and Family Planning Services Program Plan (inclusive of Work Plan and Work Plan Evaluation) that addresses minimum Contractor requirements as specified in Section A of this Policy, as well as the objectives of the Contractor's program that are focused on achieving AHCCCS requirements. It shall also incorporate monitoring and evaluation activities for these minimum requirements, as specified in the Maternity and Family Planning Services and Supplies Program Plan Checklist found at www.azahcccs.gov/Resources/Guides and Manuals 6. AMPM Exhibit 400-2A. The Maternity and Family Planning Services Program Plan and Supplies Program Checklist shall be submitted as specified in Contract and is subject to AHCCCS approval⁷.

⁶ Updated reference to reflect the Maternity and Family Planning Services Checklist is now on the AHCCCS website.

⁷ Language change to align with AMPM Policy 430.

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C. MATERNITY CARE PROVIDER REQUIREMENTS

The Contractor shall ensure that providers adhere to the following maternity care requirements:

- 1. Maternity care providers shall follow the ACOG standards of care, including the use of a standardized medical risk assessment tool and ongoing risk assessment.
- 2. The LMs, if included in the provider network, shall adhere to the requirements specified in AHCCCS policy, procedures, and Contract and A-A-C-8 R9-16-111 through 113. LMs providing services to Fee-For-Service (FFS) members shall adhere to the requirements contained within AHCCCS policies and procedures.
- 3. Maternity care providers shall ensure that:
 - a. High-risk members have been referred to a qualified provider and are receiving appropriate care.
 - b. Member medical records are appropriately maintained and document all aspects of the maternity care provided,
 - c. Members shall be notified that in the event of loss of eligibility for services, they may contact the Arizona Department of Health Services (ADHS) Hotline for referrals to low-cost or no-cost services,
 - d. Providers shall utilize evidence-based practices per ACOG and AAP which increase the initiation and duration of breastfeeding, to include but not limited to, provider recommendation for breastfeeding, placement of the infant in skin-to-skin contact, early initiation of breastfeeding, no food or drink other than breastmilk, unless medically necessary, rooming in,
 - e. All pregnant members are screened through the Controlled Substances Prescription Monitoring Program (CSPMP) once per trimester, and for those members receiving opioids, appropriate intervention and counseling shall be provided, including referral of members for behavioral health services as indicated for Substance Use Disorder (SUD) assessment and treatment,
 - f. All pregnant members shall receive a brief verbal screening and intervention for substance use utilizing an evidence-based screening tool and an appropriate referral shall be made as needed,
 - g. All pregnant members are screened for Sexually Transmitted Infections (STI), including syphilis, at the
 - i. First prenatal visit,
 - ii. Third trimester, and
 - iii. Time of delivery.

Refer to A-R-S-§ 36-693 and A-A-C-R9-6-381 for Arizona state law regarding serologic testing for syphilis.

Revised to align with Section 504 of The Rehabilitation Act, changes made throughout Policy



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- h. Members are educated about healthy behaviors during pregnancy, including the importance of proper nutrition, dangers of lead exposure to people who are pregnant and their developing babies, tobacco cessation, avoidance of alcohol and other harmful substances, including illegal drugs, screening for sexually transmitted infections, the physiology of pregnancy, the process of labor and delivery, breastfeeding, other infant care information, prescription opioids use, family planning options as specified in AMPM Policy 420, warning signs of complications of pregnancy and postpartum, including when to contact the provider, and postpartum follow-up,
- i. Perinatal and postpartum⁹ depression and anxiety screenings are conducted at least once during the pregnancy and then repeated at the postpartum visit with appropriate counseling and referrals made if a positive screening is obtained. Postpartum Perinatal depression and anxiety screening is considered part of the global service and is not a separately reimbursable service:
 - i. Providers shall refer to any norm-referenced validated screening tool to assist the provider in assessing the postpartum-mental-health needs of members regarding depression during the perinatal period and decisions regarding health care services provided by the Primary Care Provider (PCP) or subsequent referral to the plan/entity responsible for the provision of behavioral health services if clinically indicated.
- Members shall be referred for support services, <u>such as to the Special Supplemental</u> Nutrition Program for WIC, as well as other community-based resources, in order to support healthy pregnancy outcomes,
- k. Postpartum services shall be provided to members within the postpartum period according to ACOG guidelines and adhere to current performance measures as specified in Contract. The maternity care provider shall utilize a separate "zero-dollar" claim for the postpartum visit, and
- I. The first and last prenatal care dates of service, as well as the number of obstetrical visits that the member had with the provider, are recorded on all claim forms submitted to the Contractor regardless of the payment methodology used.

D. ADDITIONAL RELATED SERVICES

- 1. AHCCCS related services with special policy and procedural guidelines for FFS and Contractor providers include, but are not limited to:
 - a. Group prenatal care:
 - i. AHCCCS covers group prenatal care, eligible for enhanced provider reimbursement, under the following conditions:
 - 1) The primary facilitator/billing provider is an AHCCCS-registered provider for whom maternity care services are within their scope of practice, and
 - 2) The site has been accredited as a CenteringPregnancy® site by the Centering Healthcare Institute®, or
 - 3) The site is pending accreditation from the Centering Healthcare Institute®, and
 - 4) Each group prenatal care visit is at least 1.5 hours in duration, with a minimum of two and maximum of twenty participants,

⁹ Correction to more appropriate terminology. Changes made throughout policy.



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- 5) Individual member records of attendance and documentation must be maintained by the provider and made available to AHCCCS or to the Contractor upon request.
- ii. CenteringPregnancy® providers are eligible for enhanced reimbursement for each visit, per member, for up to 10 visits,
- iii. Group visits may be supplemented with individual visits as determined necessary by the provider, and
- iv. Individual visits are not eligible for enhanced reimbursement and are considered part of the global service, 10
- v. In order to receive enhanced reimbursement for group prenatal care visits, providers who are accredited or pending accreditation must submit the Reference Table Review Update (RTRU) form along with supporting documentation of their accreditation status. Providers must include the AHCCCS ID that corresponds to the name of the provider/billing entity on the accreditation documentation in order for the code to be added as a provider specific exception.

b. Doulas:

- i. Doula services are covered for AHCCCS members during pregnancy, labor and delivery, and postpartum under the following conditions:
 - 1) The Doula is certified through the Arizona Department of Health Services,
 - 2) The Doula is an AHCCCS-registered provider,
 - 3) Services provided are within the scope of practice for Doulas pursuant to AAC R9-16-901 through 909,
 - 4) Doula services are provided in complement to, but not as a substitute for, prenatal, labor and delivery, and postpartum care provided by a physician, Certified Nurse Midwife, Licensed Midwife, or other provider for which maternity care is within their scope of practice. 10, and
 - 5) The member is referred for doula services by a provider.
- ii. While provider referral is required for doula services, it is not required that the member experience a complication or high-risk pregnancy in order to be referred for doula services. If the member is pregnant or within one year postpartum, medical necessity is met.
- iii. The Contractor shall not require prior authorization in order for a pregnant or postpartum member to receive doula services.

c. Human donor milk:

i. AHCCCS covers medically necessary pasteurized human donor milk provided by a milk bank in certain circumstances, as outlined in AMPM Policy 430.¹⁰

a.d. Home uterine monitoring technology:

- AHCCCS covers medically necessary home uterine monitoring technology for members with premature labor contractions before 35 weeks gestation, as an alternative to hospitalization,
- ii. These guidelines refer to home uterine activity monitoring technology and do not refer to daily provider contact by telephone or home visit,
- iii. If the member has one or more of the following conditions, home uterine monitoring may be considered:
 - 1) Multiple gestation, particularly triplets or quadruplets,

¹⁰ Newly covered service

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- 2) Previous obstetrical history of one or more births before 35 weeks gestation, or
- 3) Hospitalization for premature labor before 35 weeks gestation with a documented change in the cervix, controlled by Tocolysis and ready to be discharged for bed rest at home.

b.e. Labor and delivery services provided in Free Standing Birthing Centers:

For members who meet medical criteria specified in this Policy, AHCCCS covers Free Standing Birthing Centers when labor and delivery services are provided by maternity care providers:

- i. Only pregnant AHCCCS members, for whom an uncomplicated prenatal course and a low-risk labor and delivery can be anticipated, may be scheduled to deliver at a Free-Standing Birthing Center. Risk status shall be determined by the attending physician or CNM using the standardized assessment tools for high-risk pregnancies (ACOG, or National Association of Childbearing Centers). In any area of the risk assessment where standards conflict, the most stringent standard shall apply. The age of the member shall also be a consideration in the risk status evaluation; members younger than 18 years of age are generally considered high risk. Refer to the A-A-C- R9-16-111 through 113 for a more detailed explanation of what are not considered low-risk deliveries, nor deliveries appropriate for planned homebirths in the home setting or births in Free Standing Birthing Centers, and
- ii. Labor and delivery services rendered through free standing birthing centers shall be provided by a physician or by a Certified Nurse Midwife (CNM) who has hospital admitting privileges for labor and delivery services, or an LM who is following licensing and practice requirements as specified in A-A-C- R9-16-111 through 113.

e.f. Licensed Midwife services:

- AHCCCS covers maternity care and coordination provided by LMs for FFS members or enrolled members if LMs are included in the provider network. In addition, members who choose to receive maternity services from this provider type shall meet eligibility and medical criteria specified in this Policy,
- ii. Risk status shall initially be determined at the time of the first visit, and each trimester, thereafter, using the current standardized assessment criteria and protocols for high-risk pregnancies from the ACOG,
- iii. A risk assessment from the ACOG shall be conducted when a new presenting complication or concern arises to ensure proper care and referral to a qualified physician or CNM, if necessary,
- iv. Before providing midwife services, documentation certifying the risk status of the member's pregnancy shall be submitted to the Contractor. In addition, a consent form signed and dated by the member shall be submitted, indicating that the member has been informed and understands the scope of services that shall be provided by the LM, including the risks to a home delivery. Members initially determined to have a high-risk pregnancy, or members whose physical condition changes to high-risk during the course of pregnancy, shall immediately be referred to an AHCCCS registered physician within the provider network of the member's Contractor for Maternity Care Services,
- v. In addition to the maternity care provider requirements listed in this Policy, the requirements, and limitations to the scope of practice for LMs is located in A-A-C- R9-16-111 through 113,

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- vi. Labor and delivery services provided by a LM cannot be provided in a hospital. LMs shall have a plan of action, including the name and address of an AHCCCS registered physician and an acute care hospital in close proximity to the planned location of labor and delivery for referral, in the event that complications should arise. This plan of action shall be submitted to the AHCCCS Chief Medical Officer or designee for FFS members, or to the Contractor Medical Director or designee for members enrolled with a Contractor,
- vii. Upon delivery of the newborn, the LM is responsible for conducting newborn examination procedures, including a mandatory Bloodspot Newborn Screening Panel and referral of the infant to an appropriate health care provider for a mandatory hearing screening, as well as a second mandatory Bloodspot Newborn Screening Panel and a second newborn hearing screening (if infant's first hearing screening indicates further assessment is needed). Refer the infant and/or member to an appropriate health care provider for follow-up care of any assessed problematic conditions. Refer to A-A-C- R9-16-111 through 113, and
- viii. In addition, the Licensed Midwife shall notify the member's Contractor or the AHCCCS Newborn Reporting Line for infants born to FFS members, of the birth no later than 24 hours after the birth, in order to enroll the newborn with AHCCCS.

d.g. Labor and delivery services provided in a home setting:

- i. Only AHCCCS members for whom an uncomplicated prenatal course and a low-risk labor and delivery can be anticipated, may be scheduled to deliver in the member's home. Refer to A-A-C- R9-16-111 through 113 for a more detailed explanation of what are not considered low-risk deliveries, nor deliveries appropriate for planned births in the home setting or births in Free Standing Birthing Centers,
- ii. Risk status shall initially be determined at the time of the first visit, and each trimester thereafter, by the member's maternity care provider, using the current standardized assessment criteria and protocols for High-Risk Pregnancies from the ACOG,
- iii. For members who meet medical criteria specified in this Policy, AHCCCS covers labor and delivery services provided in the home by the member's maternity provider: physicians, CNMs, or LMs,
- iv. A risk assessment shall be conducted when a new presenting complication or concern arises to ensure appropriate care and referral to a qualified provider, if necessary,
- Physicians and CNMs who render home labor and delivery services shall have admitting privileges at an acute care hospital in close proximity to the site where the services are provided in the event of complications during labor and/or delivery,
- vi. For each anticipated home labor and delivery, LMs who render home labor and delivery services shall have an established plan of action, including the name and address of an AHCCCS-registered physician and an acute care hospital in close proximity to the planned location of labor and delivery for referral, in the event that complications should arise. This plan of action shall be submitted to the AHCCCS Chief Medical Officer or designee for FFS members, or to the Contractor Medical Director or designee for members enrolled with a Contractor,



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- vii. Upon delivery of the newborn, the physician, CNM or LM is responsible for conducting newborn examination procedures, including a mandatory Bloodspot Newborn Screening Panel and referral of the infant to an appropriate health care provider for a mandatory hearing screening, as well as a second mandatory Bloodspot Newborn Screening Panel and second newborn hearing screening (if first hearing screening indicates further assessment is needed). The maternity care provider shall refer the infant and/or member to an appropriate health care provider for follow-up care of any assessed problematic conditions (Refer to A-A-C- R9-16-111 through 113), and
- viii. In addition, the maternity care provider shall notify the member's Contractor or the AHCCCS Newborn Reporting Line of the birth for infants born to FFS members. Notification may also be made using the AHCCCS Online Provider website newborn notifications link. Notification shall be given no later than 24 hours after the birth in order to enroll the newborn with AHCCCS.

e.h. Circumcision of newborn male infants:

- i. Pursuant to A-R-S- 36-2907, routine circumcision for newborn males is not a covered service, and
- ii. Circumcision is a covered service under Early and Periodic Screening, Diagnostic and Treatment (EPSDT) for males only when it is determined to be medically necessary. The procedure requires Prior Authorization (PA) by the Contractor Medical Director or designee for enrolled members, or the AHCCCS Chief Medical Officer or designee for FFS members.

f.i. Extended stays for newborns related to status of parent's stay:

- i. AHCCCS covers no less than 48 hours of inpatient hospital care after a routine vaginal delivery and no less than 96 hours of inpatient care after a cesarean delivery, and
- ii. The attending health care provider, in consultation with an agreement by the parent, may discharge the parent or newborn prior to the minimum length of stay. A newborn may be granted an extended stay in the hospital of birth when the parent's continued stay in the hospital is beyond the minimum 48- or 96-hour stay, whichever is applicable. In addition, if the parent's stay is to extend beyond 48/96 hours, an extended stay for the newborn shall be granted if the parent's condition allows for parent-infant interaction and the child is not a ward of the State or is not to be adopted. Prior Authorization (PA)¹¹ is required for extended stays for newborn infants for the FFS population.

g.j. Stillbirth supplemental request:

- i. A supplemental payment was implemented for payment to the ACC Contractor to cover the cost of delivery services when an enrolled member delivers during a prospective enrollment period. The supplemental payment applies to all births to members enrolled with ACC Contractors only, as specified in Contract and ACOM Policy 310. AHCCCS also pays this supplement to the Contractor when the infant is stillborn,
- ii. Stillbirth refers to those infants, deemed a fetal demise prior to delivery with a gestational age of at least 24 and 0/7 weeks. In order for the Contractor to be eligible to receive this payment, criteria shall be met. The stillborn infant shall have:
 - 1) Attained a weight of at least 600 grams, or

¹¹ Acronym already spelled out for first time use, changed throughout the policy.



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- 2) Attained a gestational age of at least 24 and 0/7 weeks, as verified by the provider's obstetrical prenatal records (History and& Physical) including an Estimated Date of Confinement Delivery (EDDC¹²). An ultrasound report may also be used to verify EDDC, when completed prior to 22 weeks gestation. A Ballard Assessment, done completed¹³ at delivery by nursing and/or physician staff to determine physical maturity of the infant, confirming a gestational age of at least 24 0/7 weeks may also be used.
- iii. For stillbirths meeting one of the above medical criteria, the Contractor shall submit the maternal and newborn delivery record to confirm infant's weight, or gestational age, as well as the date/time of delivery and zero Apgar score using Attachment B, including results of syphilis testing,
- iv. Information shall be submitted as specified in Contract,
- v. No supplemental payment is provided for labor and delivery services rendered during the prior period coverage timeframe, or if the member was not assigned to the Contractor at the time labor and delivery services were rendered,
- vi. Contractor requests for the payment shall be made within six months of the delivery date. Exceptions shall be considered on a case-by-case basis,
- vii. Incomplete documentation, including lack of Apgar scores, will result in denial of stillbirth supplement request, and

h.k. Pregnancy termination as specified in Section E below.

E. PREGNANCY TERMINATION

- 1. AHCCCS covers pregnancy termination if one of the following criteria is present:
 - a. The pregnant woman suffers from a physical disorder, physical injury, or physical illness including a life-endangering physical condition caused by, or arising from, the pregnancy itself that would, as certified by a physician, place the member in danger of death unless the pregnancy is terminated,
 - b. The pregnancy is a result of incest,
 - c. The pregnancy is a result of rape, or
 - d. The pregnancy termination is medically necessary according to the medical judgment of a licensed physician, who attests that continuation of the pregnancy could reasonably be expected to pose a serious physical or behavioral health problem for the pregnant woman by:
 - i. Creating a serious physical or behavioral health problem for the pregnant woman,
 - ii. Seriously impairing a bodily function of the pregnant woman,
 - iii. Causing dysfunction of a bodily organ or part of the pregnant woman,
 - iv. Exacerbating a health problem of the pregnant woman, or
 - v. Preventing the pregnant woman from obtaining treatment for a health problem.

¹² Updated to modern terminology. Changes made throughout policy.
13 Aligning with Attachment language

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2. Requirements regarding PA:

- a. Except in cases of medical emergencies, the provider shall obtain a PA for all covered pregnancy terminations from the Contractor's Medical Director. Prior Authorization (PA) for FFS pregnant members shall be obtained from the AHCCCS Chief Medical Officer or designee,
- b. The attending physician shall submit a request for review of the pregnancy termination qualifying diagnosis/condition to the Contractor Medical Director or designee for enrolled pregnant member with clinical information that supports the medical necessity for the procedure,
- c. The Contractor's Medical Director, or for FFS members, the AHCCCS Chief Medical Officer or designee shall review the PA request, as specified in Attachments C and D, and expeditiously authorize the procedure, if the documentation meets the criteria for justification of pregnancy termination, and
- d. In cases of medical emergencies, the attending physician shall submit all documentation of medical necessity to the Contractor or AHCCCS/Division of Fee-For-Service Management (DFSM), within two working days of the date on which the pregnancy termination procedure was performed.

3. Additional required documentation:

- a. Providers shall obtain a written consent and file in the member's medical record for a pregnancy termination,
- b. If the pregnant member is younger than 18 years of age, or is 18 years of age or older and considered an incapacitated adult (as specified in A-R-S-§ 14-5101), a dated signature of the pregnant member's parent/Health Care Decision Maker (HCDM) indicating approval of the pregnancy termination procedure is required,
- c. When the pregnancy is the result of rape or incest, documentation shall be obtained that the incident was reported to the proper authorities, including the name of the agency to which it was reported, the report number (if available), and the date the report was filed. This documentation requirement shall be waived if the treating physician certifies that, in their professional opinion, the member was unable, for physical or psychological reasons, to comply with the requirement,
- Follow Food and Drug Administration (FDA) medication guidance for the use of medications to end a pregnancy,
- e. Current standards of care per ACOG shall be utilized when the duration of pregnancy is unknown or if ectopic pregnancy is suspected,
- f. Pregnancy termination by surgery is recommended in cases when medications are used and fail to induce termination of the pregnancy. When medications are administered, the following documentation is also required:
 - i. Name of medication(s) used,
 - ii. Duration of pregnancy in days,
 - iii. The date medication was given,
 - iv. The date any additional medications were given (unless a complete abortion was already confirmed), and
- g. Documentation that pregnancy termination occurred.



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4. Reporting requirements:

- a. The Contractor shall submit the AHCCCS Certificate of Necessity for Pregnancy Termination & AHCCCS Verification of Diagnosis by Contractor for Pregnancy Termination Requests (Attachments C and D) as specified in Contract, and
- b. The Contractor shall submit a Pregnancy Termination Report, and the required documentation as listed in Attachment E, as specified in the Contract.

5. Monitoring:

The Contractor shall ensure procedures to identify and monitor all claims and encounters with a primary diagnosis of pregnancy termination.

