

John Thayer

The New Mexico Environment Department (NMED) has published a strong draft heat protection rule that I strongly support. It incorporates best practices and science-based solutions to keep workers safe from exposure to heat at the workplace, including: coverage of both indoor and outdoor workers; calling for written Heat Injury and Illness Prevention Plans (HIIPPs); providing for comprehensive worker training; implementing common sense preventive strategies including water, shade/cooling rooms, paid rest breaks, and acclimatization; and using trigger temperatures that are based on physiological science and years of experience from other states with heat standards. This standard will save lives.