

Roxie Shreeves

Reviewing the fact sheet I had some questions, in 2023 and 2024 did we have over 50 work-related heat stress events that are counted separate from the 900 heat-related emergency room visits between April and September. I have worked out doors for many years I have found that co-workers that spend a lot of time under cooling conditions need to go slower till they climatize to working out side, an other observation over the years is employees that may have dehydrated themselves on their days off are at high risk on first day or two back to work this is where encouraging them to drink water is of importance, which brings us to teach employees to not drink ice water cold drinks or eat frozen products before returning from break or lunch. We really don't need rules put on businesses or industries, we need to watch out for each other, encourage safe practices, and listen to our wives and mothers since most Men I know with heat related illnesses were asked by one of the former to drink some water come set in the shade a minute or take a break and work on it after it cooled down. Rules are just going to cause raised cost of performing all jobs and not teach employees or employers how to perform safely and allow them to take some respectability for their action or inaction as the case may be.