

Carolyn Day Jackson

As a retired teacher from California, our students were not allowed outside for P.E. on days over 100 degrees. Las Vegas, NV has similar parameters, but the public time/temperature clocks were all turned off so it wasn't easy to determine how hot it was, especially for construction workers, gardeners and other outside workers.

Options to mitigate heat effects should include clothing, water bottles and hydration measures, adjusted work/school hours, access to shade, eye protection, etc.